



GOVERNMENT DEGREE COLLEGE R. S. PURA



REPORT OF ACHIEVEMENTS/ACTIVITIES FOR THE MONTH OF NOVEMBER, 2025

ACHIEVEMENTS/ACTIVITIES CONDUCTED FOR THE MONTH OF NOVEMBER, 2025

S.No	Date	Title of the Activity	Brief Description	Image
1	01.11.2025	GOVT. DEGREE COLLEGE R.S. PURA OBSERVES VIGILANCE AWARENESS WEEK (27 OCTOBER 2025 – 02 NOVEMBER 2025)	<p>Govt. Degree College R.S. Pura successfully celebrated <i>Vigilance Awareness Week 2025</i> under the theme of Vigilance – Our shared responsibility. The week-long programme was organised by the Vigilance Awareness Committee to promote transparency, ethical values, and responsibility among students. The celebration commenced with the Integrity Pledge administered to staff and students, followed by a series of awareness-oriented activities including poster-making, slogan-writing, an Integrity Tree activity, and a human chain formation to reinforce the message of honesty and accountability. Students also attended an interactive awareness lecture by officials from the Police Department, highlighting preventive vigilance and ethical conduct in public life. A documentary on anti-corruption awareness was screened to help participants understand the importance of being vigilant citizens. Principal Dr. Preetpal Kour appreciated the enthusiastic participation of students and encouraged them to uphold ethical values in personal and professional life. The activities were coordinated by Convenor Prof. Geetika Goswami, along with committee members Prof. Lukesha Dubgotra, Dr. Renu Sharma, Dr. Kiran Lata, Dr. Gurleen Kour, and Ms. Roma Gandhi, who actively contributed to the successful conduct of the events. Govt. Degree College R.S. Pura remains committed to fostering transparency, accountability, and integrity, enabling students to become responsible and vigilant citizens of the nation.</p>	 

			<p>volunteers collected plastic waste, removed litter, and promoted proper waste segregation and disposal practices. Speaking on the occasion, Prof. (Dr.) Preetpal Kour lauded the efforts of the NSS team and encouraged students to uphold the ideals of cleanliness, unity, and social responsibility, drawing inspiration from the life and values of Sardar Vallabhbhai Patel. The event was successfully coordinated by Prof. Luksha Dubgotra, NSS Programme Officer, who commended the volunteers for their dedication, teamwork, and commitment in making the cleanliness drive a success.</p>	<p>judicious and transparent film showcasing the purity and efficiency.</p> <p>GDC R S Pura organizes cleanliness drive</p> <p>J. NEWS SERVICE</p> <p>JAMMU, Nov 4: The NSS Unit of Government Degree College, R.S. Pura, organized Cleanliness Drive within the college campus under the banner of Sardar Patel @150 and the Viksit Bharat Yojna Connect - Youth for Unity Programme. The initiative aimed to promote the spirit of unity, collective responsibility, and active citizenship among students through meaningful community engagement.</p> <p>Under the guidance of Prof. (Dr.) Preetpal Kour, Principal of the College, the event witnessed enthusiastic participation from NSS volunteers and students who took part in cleaning various areas of the campus, including classrooms, corridors, lavas, and the parking area. The volunteers collected plastic waste, removed litter, and promoted proper waste segregation and disposal practices.</p> <p>Speaking on the occasion, Prof. (Dr.) Preetpal Kour lauded the efforts of the NSS team and encouraged students to uphold the ideals of cleanliness, unity, and social responsibility, drawing inspiration from the life and values of Sardar Vallabhbhai Patel.</p> <p>The event was successfully coordinated by Prof. Luksha Dubgotra, NSS Programme Officer, who commended the volunteers for their dedication, teamwork, and commitment in making the cleanliness drive a success. The event was also graced by the presence of NSS Committee members, Prof. Rajinder Singh, Dr. Keshu Sharma, Dr. Sohan Kour, and Dr. Kisan Lata.</p> 
4	04.11.2025	<p>NCC UNIT OF GDC R.S. PURA CONDUCTS CAMPUS CLEANLINESS DRIVE UNDER COMMEMORATION OF 150 YEARS OF VANDE MATARAM</p>	<p>The NCC Unit of Government Degree College, R.S. Pura, organized a campus cleanliness drive on the college premises to commemorate 150 years of Vande Mataram.</p> <p>The event aimed to promote the spirit of nationalism, community service, and environmental responsibility among students. The cleanliness drive was inaugurated by Prof. Preetpal Kour, Worthy Principal of the college who lauded the initiative of the NCC cadets and encouraged them to take forward the ideals of cleanliness and patriotism in their daily lives.</p> <p>In her address, she emphasized that true respect for the nation is reflected not only through words but also through responsible actions toward maintaining a clean and green environment. Under the guidance of Prof. Sanjeev Upadhyay, CTO, NCC cadets enthusiastically participated in cleaning various sections of the campus and the surrounding areas. Speaking on the occasion, CTO, NCC highlighted that the cleanliness drive was part of a series of activities organized to mark the 150th anniversary of Vande Mataram, celebrating the spirit of unity, selfless service and love for the motherland.</p>	  <p>NCC Unit of GDC R S Pura conducts campus cleanliness drive to mark 150 years of Vande Mataram</p>  <p>Top News Report</p> <p>R.S. Pura, Nov 4: The NCC Unit of Government Degree College, R.S. Pura, organized a campus cleanliness drive to commemorate 150 years of Vande Mataram. The event aimed to instill the values of nationalism, community service, and environmental responsibility among students. The drive was inaugurated by Prof. Preetpal Kour, Worthy Principal of the college, who appreciated the initiative of the NCC cadets and encouraged them to uphold the ideals of cleanliness, patriotism, and social responsibility in their everyday lives. He emphasized that true patriotism is expressed not only through words but through meaningful actions that contribute to a cleaner and greener nation. Under the guidance of Prof. Sanjeev Upadhyay, CTO, the NCC cadets actively participated in cleaning different areas of the college campus and its surroundings. Their enthusiastic involvement reflected the spirit of unity, discipline, and commitment associated with the NCC. Speaking on the occasion, Prof. Upadhyay highlighted that the cleanliness drive was part of a series of events organized to mark the 150th anniversary of Vande Mataram, emphasizing the ideals of unity, selfless service, and love for the motherland.</p> <p>The drive sought and contribution of Dr. Preetpal Kour, Worthy Principal, Head, Department of Environmental Sciences, added to the success of the event. The drive included with renewed involvement from the cadets and faculty to continue efforts toward maintaining a clean, sustainable, and patriotic campus environment.</p>

5 07.11.2025

GDC R.S. PURA CONGRATULATES MEDAL WINNERS IN INTER COLLEGE SPORTS COMPETITIONS

GDC R.S. Pura Congratulates Medal Winners in Inter-College Sports Competitions Government Degree College, R.S. Pura proudly congratulates its outstanding athletes for their remarkable achievements in the recent inter-college sports competitions. The college teams showcased exemplary talent, discipline, and sportsmanship across various events. The Volleyball (Girls) team brought silver medal in open Volleyball competition organised by JKAP 8 Bn. Police line Simbal glory through their spirited performance and teamwork. The Kho-Kho (Men) team displayed exceptional agility and coordination, earning a well-deserved 3rd place among the top performers. The Gatka (Men) contingent demonstrated great skill and valor, upholding the rich tradition of this martial art and bring Bronze medal while the Boxing (Men) players fought with determination and strength, securing impressive victories in their respective categories and won silver medal in open weight category. Principal of the college, Prof. (Dr.) Preetpal Kour, lauded the winners for bringing laurels to GDC R.S. Pura and appreciated the efforts of the Physical Education Department, Sports committee and coaches for their constant guidance and motivation.



GDC R S Pura congratulates medal winners in Inter College Sports Competitions

EARLY TIMES REPORT
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Principal of the college, Prof. (Dr.) Preetpal Kour, lauded the winners for bringing laurels to GDC R.S. Pura and appreciated the efforts of the Physical Education Department, Sports committee and coaches for their constant guidance and motivation. She emphasized that such achievements reflect the institution's commitment to promoting sports and holistic development among students. The entire college fraternity extends heartfelt congratulations to the medal winners and wishes them continued success in future tournaments. Principal, Staff and students also congratulate the Indian women cricket team, who won the World Cup 2023, everyone enjoy the

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6	6-8.11.2025	DISPLAY YOUR TALENT TAWI ZONE FROM 6TH TO 8TH NOVEMBER, 2025.	With the encouraging and able guidance of Our Principal Madam Dr. Preetpal Kour, Govt. Degree College R S Pura clinched Prizes in many events in Display your talent Tawi Zone organised by Jammu University, held at Govt. College for Women Parade Ground, Jammu from 6th to 8th November 2025.	
7	10.11.2025	INTER-COLLEGE TAEKWONDO AND VOLLEYBALL (MEN) CHAMPIONSHIP 2025-26	GDC R S Pura boys bring three medals Gold, Silver and Bronze in Taekwondo, at University of Jammu	
8	14.11.2025	GOVERNMENT DEGREE COLLEGE, R.S. PURA ORGANISED TO HONOUR THE CADETS FOR THEIR PARTICIPATION IN THE INDEPENDENCE DAY PARADE	Today, the NCC cadets of Government Degree College, R.S. Pura felicitated by Anuradha Thakur (SDM, R.S. Pura) in a felicitation ceremony organised to honour the cadets for their participation in the Independence Day Parade. Dr. Narinder Singh Raina, Hon'able MLA, R. S. Pura, graced the event as the chief guest.	

	<p>15.11.2025</p>	<p>THE DEPARTMENT OF GEOGRAPHY GOVT. DEGREE COLLEGE, R.S. PURA, VISITS SUCHETGARH BORDER FOR EDUCATIONAL FIELD TRIP</p>	<p>A group of 25 students of semester 1st from the Geography Department, Govt. Degree College R.S. Pura, participated in a one-day field trip to Suchetgarh Border on November 15th, 2025. The visit was organized as part of their academic curriculum, offering students an opportunity to learn with real-world experiences. The trip was organized under the able leadership and guidance of Principal Prof. Dr. Preetpal Kour, who has always supported such educational initiatives. The students were accompanied by the Head of Department of Geography, Prof. Geetika Goswami and faculty members Dr. Gurleen Kour, Ms. Roma Gandhi, Ms. Komika Sharma, Mr. Rakesh Kumar. The trip proved to be an enriching experience for the students as they explored the region's geographical features and interacted with local tourists to understand the tourism potential of the area. The Head of the Department, faculty and the students expressed their heartfelt gratitude to Principal Prof. Dr. Preetpal Kour for her continuous support in providing such valuable learning opportunities, which are essential for the student's academic growth and exposure.</p>	  
<p>9</p>	<p>17.11.2025</p>	<p>GOVT. DEGREE COLLEGE R.S. PURA ORGANIZED AN ELECTORAL LITERACY CUM AWARENESS PROGRAM</p>	<p>NSS Unit and SVEEP Committee Govt. Degree College R.S. Pura organized an Electoral Literacy Cum Awareness Program on 17th November 2025 to increase student engagement with the Chief Electoral Officer, UT of Jammu and Kashmir's social media handles. The program was organized by the NSS unit under the patronage of worthy Principal Mam Prof (Dr.) Preetpal Kour and IQAC. It aimed to educate students about the importance of staying updated on electoral processes and voter awareness. AQR code was shared with students to</p>	

			<p>easily access and follow the official social media handles. The program was a success, with students gaining knowledge about the electoral process and voter awareness initiatives, and being motivated to participate actively in the democratic process. The initiative is expected to promote civic awareness and participation among young voters, and it is recommended that similar programs be continued to amplify the reach of voter awareness initiatives. The event was coordinated by Prof Lukesha Dubgotra, NSS PO and committee members of NSS Unit.</p>	 <p>GDC RS Pura organizes electoral literacy, awareness program</p> <p>JAMMU, Nov 16: NSS Unit and SWEEP Committee Govt. Degree College R.S.Pura organized an Electoral Literacy and Awareness Program on 15 November 2025 to increase student engagement with the Chief Electoral Officer, UT of Jammu and Kashmir's social media handles. The program was organized by the NSS unit under the patronage of...</p> <p>Principal Manoj Kumar and DAC. It aimed to educate students about the importance of staying updated on electoral processes and voter awareness. A QR code was shared with students to easily access and follow the official social media handles. The program was a success, with students gaining knowledge about the electoral process and voter awareness initiatives, and being motivated to participate actively in the democratic process. The initiative is expected to promote civic awareness and participation among young voters, and it is recommended that similar programs be continued to amplify the reach of voter awareness initiatives. The event was coordinated by Prof Lukesha Dubgotra, NSS PO and committee members of NSS Unit.</p> <p>DAC reviews implementation of</p>
<p>10</p>	<p>18.11.2025</p>	<p>GDC R.S. PURA PARTICIPATED IN PLEDGE CEREMONY UNDER NASHA MUKT BHARAT ABHIYAAN</p>	<p>Government Degree College R.S. Pura today participated in the Pledge Ceremony as part of the Government of India's "Nasha Mukh Bharat Abhiyaan", reaffirming its commitment to creating a drug-free academic environment. The event was held in alignment with the University-level initiative, and the programme was simultaneously live-streamed from Guru Nanak Dev University (GNDU), Amritsar. The occasion marked the celebration of five years of nationwide Nasha Mukh Bharat Abhiyaan to raise awareness about the harmful effects of substance abuse. The event was held under the guidance of Prof. (Dr.) Preetpal Kour, Principal of GDC R.S. Pura, and coordinated by the Drug De-addiction Committee, NSS, NCC and Mission Yuva Program of the college. During the ceremony, the principal addressed the gathering, emphasizing the urgent need to protect youth from the rising dangers of drug addiction. She highlighted the pivotal role educational institutions play in shaping a healthy, progressive society. The students, faculty, and staff of the college assembled to take Nasha Mukh Bharat Pledge to abstain from drugs, promote healthy lifestyles, and actively create awareness within their communities. The pledge</p>	 <p>coordinated by Dr. Jyoti programme's success.</p> <p>GDC RS Pura participates in pledge ceremony under NMBA</p> <p>JAMMU BULLETIN NEWS RS PURA, NOV 18:</p> <p>Government Degree College R.S. Pura today participated in the Pledge Ceremony as part of the Government of India's "Nasha Mukh Bharat Abhiyaan", reaffirming its commitment to creating a drug-free academic environment. The event was held in alignment with the University-level initiative, and the programme was simultaneously live-streamed from Guru Nanak Dev University (GNDU), Amritsar. The occasion marked the celebration of five years of nationwide Nasha Mukh Bharat Abhiyaan to raise awareness about the harmful effects of substance abuse. The event was held under the guidance of Prof. (Dr.) Preetpal Kour, Principal of GDC R.S. Pura, and coordinated by the Drug De-addiction Committee, NSS, NCC and Mission Yuva Program of the college. During the ceremony, the principal addressed the gathering, emphasizing the urgent need to protect youth from the rising dangers of drug addiction. She highlighted the pivotal role educational institutions play in shaping a healthy, progressive society. The students, faculty, and staff of the college assembled to take Nasha Mukh Bharat Pledge to abstain from drugs, promote healthy lifestyles, and actively create awareness within their communities. The pledge reaffirmed the institution's resolve to contribute to a drug-free society. Faculty members and a large number of students actively participated. The programme concluded with a vote of thanks and a reaffirmation that the college will continue conducting awareness activities, outreach programmes, and student-centric initiatives throughout the year.</p> <p>Another drug peddler behind</p>

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<p>11</p>	<p>19.11.2025</p>	<p>GDC R. S. PURA ORGANIZES PLANTATION DRIVE TO CELEBRATE NATIONAL INTEGRATION DAY</p>	<p>Under the aegis of IQAC, the NSS Unit in collaboration with Eco-club of Government Degree College, R.S. Pura organized a Plantation Drive on the campus today to mark National Integration Day, reinforcing the message of unity, harmony, and environmental responsibility. The event was organized under the guidance of Worthy College Principal Prof. (Dr.) Preetpal Kour, staff and students planted saplings across the campus, reaffirming their commitment to building a greener and cleaner environment. Native and medicinal plant species were prioritized to support local biodiversity. While inaugurating the event Principal of the College highlighted the importance of fostering national unity while simultaneously protecting the environment. She appreciated the efforts of the NSS volunteers for taking the lead in spreading awareness about ecological conservation. During the drive, NSS volunteers planted a diverse section of herbal plants and ornamental plants, including Moringa, Rosemary, Chinar, Gulmoharetc were planted. Volunteers also took a pledge to nurture the saplings and continue working for community welfare and national integration. NSS Program Officer Prof. Lukesha Dubgotra, emphasized that such activities not only strengthen communal harmony but also instill a sense of responsibility among the youth toward building a cleaner and greener nation. The plantation drive was coordinated by Dr. Sudesh Kumar, Convener Eco-club and Prof. Lukesha</p>	

Dubgotra, NSS PO, along with the committee members viz. Dr. Akriti Parihar, Prof. Vijeeta Anand, Dr. Renu Sharma, Dr. Sunil Kumar Mangoch, Prof. Rajinder Singh, Dr. Savleen Kour, Dr. Kiran Lata and Dr. Ruchika Raina. Moreover the team actively participated in the event, making it a collective effort dedicated to the spirit of unity and environmental sustainability.



12 20.11.2025

GOVERNMENT DEGREE COLLEGE R. S. PURA CELEBRATES NCC DAY WITH CAMPUS BEAUTIFICATION-CUM-PLANTATION DRIVE

The NCC unit of Government Degree College, R. S. Pura celebrated NCC Day with great enthusiasm by organizing a Campus Beautification-cum-Plantation Drive in the college premises under the able guidance of Worthy College Principal Prof. (Dr.) Preetpal Kour.

The event was inaugurated by Dr. Jugal Kishore, HOD Mathematics, who praised the cadets for their dedication to environmental stewardship and community service.

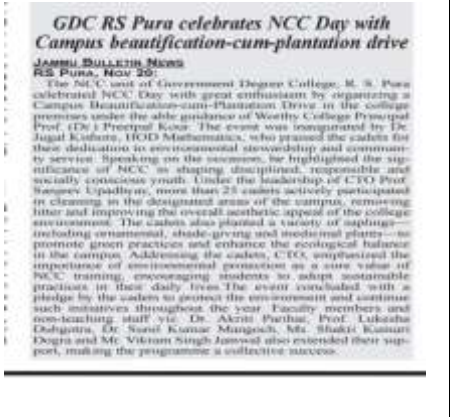
Speaking on the occasion, he highlighted the significance of NCC in shaping disciplined, responsible and socially conscious youth. Under the leadership of CTO Prof. Sanjeev Upadhyay, more than 25 cadets actively participated in cleaning in the designated areas of the campus, removing litter and improving the overall aesthetic appeal of the college environment.

The cadets also planted a variety of saplings—including ornamental, shade-giving and medicinal plants—to promote green practices and enhance the ecological balance in the campus. Addressing the cadets, CTO, emphasized the importance of environmental protection as a core value of NCC training, encouraging students to adopt sustainable practices in their daily lives.

The event concluded with a pledge by the cadets to protect the environment and continue such initiatives throughout the year.



DC Kishwar hands over Award Letters to PMAY-U 2.0 beneficiaries



13 22.11.2025

GDC R.S. PURA CONDUCTS PLANTATION DRIVE TO MARK NCC DAY

The NCC Unit of Government Degree College, R.S. Pura celebrated NCC Day with a dedicated Plantation Drive organized within the college campus.

The activity aimed at promoting environmental awareness among students while reinforcing the core NCC values of discipline, service, and social responsibility. Under the guidance of the worthy Principal, Prof. (Dr.) Preetpal Kour, the cadets planted a variety of saplings in different sections of the campus. The initiative not only contributed to enhancing the green cover of the institution but also encouraged cadets to actively participate in environmental conservation efforts.

The programme began with a brief address by Dr. Neena Gupta, HoD, English on the significance of NCC Day and the key role NCC plays in shaping responsible and patriotic youth. Dr. Kiran Lata, CTO, accompanied by faculty members Prof. Vijeeta Anand, Prof. Lukesha Dubgotra, Dr. Sunil Kumar Mangoch and Dr. Savleen Kour attended the programme and appreciated the active participation of the cadets.

She emphasized the value of linking national service with environmental responsibility, urging the cadets to care for the planted saplings and motivate others to follow sustainable practices.

The plantation drive concluded successfully, reflecting the cadets' commitment to environmental protection and making the NCC Day celebration a meaningful and impactful event at GDC R.S. Pura.



GDC R S Pura conducts plantation drive to mark NCC Day

Top News Report

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GDC R S Pura conducts plantation drive

NEWS SERVICE

JAMSHEDPUR, Nov 22: The NCC Unit of Government Degree College, R.S. Pura celebrated NCC Day with a dedicated Plantation Drive organized within the college campus.



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NCC CADETS OF GDC R.S. PURA SALUTE THE SUPREME SACRIFICE OF RIFLEMAN TARSEM LAL DURING NCC DAY OBSERVANCE

In a solemn and patriotic observance of NCC Day, the NCC cadets of Government Degree College, R.S. Pura, visited the Shaheed Tarsem Lal Shaheed Samarak at Gandli to honour the valour and supreme sacrifice of Rifleman Tarsem Lal, a proud son of the soil who laid down his life during the Kargil War. Rifleman Tarsem Lal, a native of Gandli in R.S. Pura and a distinguished soldier of **12 JAK LI**, attained martyrdom on **10 June 1999** during a critical operation in the Batalik sector under **Operation Vijay**.

Braving intense enemy fire with exceptional courage and unwavering commitment, he made the ultimate sacrifice in service of the nation.

His bravery brought immense pride to his village and the entire Jammu region, and he continues to stand as a timeless symbol of patriotism and selfless duty. The visit was headed by **Dr. Kiran Lata, CTO**, and joined by **Dr. Sunil Kumar Mangoch**. As part of the tribute, the cadets laid floral offerings and observed a two-minute silence at the memorial, honouring the martyr's exemplary bravery and devotion to the nation.

The occasion reinforced the core NCC ideals of discipline, service, and national duty among the cadets. Addressing the gathering, the CTO emphasized the importance of remembering and celebrating national heroes like Rifleman Tarsem Lal, whose sacrifice serves as an inspiration for generations to come.

The visit motivated cadets to embrace unity, integrity, and devotion to the nation. The programme concluded with the cadets taking a pledge to uphold the ideals of the NCC and to carry forward the legacy of martyrs who safeguarded the nation with their lives.



NCC Cadets of GDC RS Pura salute supreme sacrifice of rifleman Tarsem Lal



Public-centric functioning must remain

NCC cadets of GDC R S Pura salute supreme sacrifice of rifleman Tarsem Lal during NCC Day observance



Top News Report
R S PURA, Nov 22: In a solemn and patriotic observance of NCC Day, the NCC cadets of Government Degree College, R.S. Pura, visited the Shaheed Tarsem Lal Shaheed Samarak at Gandli to honour the valour and supreme sacrifice of Rifleman Tarsem Lal, a proud son of the soil who laid down his life during the Kargil War. Rifleman Tarsem Lal, a native of Gandli in R.S. Pura and a distinguished soldier of 12 JAK LI, attained martyrdom on 10 June 1999 during a critical operation in the Batalik sector under Operation Vijay. Braving intense enemy fire with exceptional courage and unwavering commitment, he made the ultimate sacrifice in service of the nation. His bravery brought immense pride to his village and the entire Jammu region, and he continues to stand as a timeless symbol of patriotism and selfless duty. The visit was headed by Dr. Kiran Lata, CTO, and joined by Dr. Sunil Kumar Mangoch. As part of the tribute, the cadets laid floral offerings and observed a two-minute silence at the memorial, honouring the martyr's exemplary bravery and devotion to the nation. The occasion reinforced the core NCC ideals of discipline, service, and national duty among the cadets. Addressing the gathering, the CTO emphasized the importance of remembering and celebrating national heroes like Rifleman Tarsem Lal, whose sacrifice serves as an inspiration for generations to come. The visit motivated cadets to embrace unity, integrity, and devotion to the nation. The programme concluded with the cadets taking a pledge to uphold the ideals of the NCC and to carry forward the legacy of martyrs who safeguarded the nation with their lives.

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24.11.2025

POSTER MAKING COMPETITION MARKS CONSTITUTION DAY CELEBRATIONS AT GDC RS PURA

Department of Political Science in collaboration with NSS successfully organized a Poster Making Competition on Constitution Day, observed annually on 26 November to commemorate the adoption of the Indian Constitution and to honour the vision of Dr. B.R. Ambedkar and the Constituent Assembly. The event aimed to promote constitutional values—justice, liberty, equality, and fraternity—among students while encouraging creative expression. Participants showcased their artistic skills through thought-provoking posters illustrating themes such as **Fundamental Rights, Fundamental Duties, Directive Principles, Democratic Values, and the Spirit of the Constitution.**

The competition saw enthusiastic participation from students across various departments/classes. The posters reflected deep awareness of constitutional principles and highlighted the importance of active citizenship in a democratic society. Speaking on the occasion, Prof. (Dr.) Preetpal Kour, Principal of the College said, *“Constitution Day reminds us of our duties as responsible citizens.*

Through activities like poster making, young minds engage with these ideals in meaningful and creative ways.” A panel of judges comprising of Dr. Sunil Mangoch, HOD Dogri, Prof. Rajinder Singh, HOD, Punjabi evaluated the entries based on creativity, originality, thematic relevance, and visual impact.

Mridul of Semester 3rd secured 1st position while Pallavi Bhagat and Vishalli Bharti got 2nd and 3rd position. Winners were felicitated with certificates and tokens of appreciation.



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Poster making competition marks Constitution Day celebrations at GDC R S Pura



Top News Report

R S PURA, Nov 24: Department of Political Science in collaboration with NSS successfully organized a Poster Making Competition on Constitution Day, observed annually on 26 November to commemorate the adoption of the Indian Constitution and to honour the vision of Dr. B.R. Ambedkar and the Constituent Assembly. The event aimed to promote constitutional values—justice, liberty, equality, and fraternity—among students while encouraging creative expression. Participants showcased their artistic skills through thought-provoking posters illustrating themes such as Fundamental Rights, Fundamental Duties, Directive Principles, Democratic Values, and the Spirit of the Constitution. The competition saw enthusiastic participation from students across various departments/classes. The posters reflected deep awareness of constitutional principles and highlighted the importance of active citizenship in a democratic society. Speaking on the occa-

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<p>16</p>	<p>26.11.2025</p>	<p>GDC, R. S. PURA COMMEMORATES CONSTITUTION DAY WITH SOLEMN READING OF THE PREAMBLE</p>	<p>GDC RS Pura proudly observed Constitution Day (Samvidhan Diwas) on 26 November, marking the historic adoption of the Constitution of India.</p> <p>The event was organized to honor the vision of the framers of the Constitution and to inspire citizens, particularly the youth, to uphold constitutional values in everyday life.</p> <p>The programme commenced with a brief introduction highlighting the significance of Constitution Day.</p> <p>A major highlight of the celebration was the collective reading of the Preamble of the Indian Constitution, led by Ayush, a NCC cadet. Students, faculty members, and staff joined together in a unified voice, reaffirming their commitment to the ideals of Justice, Liberty, Equality, and Fraternity.</p> <p>Speaking on the occasion, Prof. (Dr.) Preetpal Kour emphasized the importance of constitutional awareness, stating that understanding the Constitution is essential for strengthening democratic values and responsible citizenship.</p> <p>The celebration concluded with a pledge to uphold the spirit of the Constitution and contribute towards building a just and inclusive society.</p>	  
<p>17</p>	<p>26.11.2025</p>	<p>INTER-COLLEGE SYMPOSIUM COMPETITION HELD ON CONSTITUTION DAY</p>	<p>Mr. Sarabjeet Hira, a third-Semester student, secured second place in the Intercollege Symposium Competition held on Constitution Day (26 November, 2025) at Govt. Degree College Bishnah.</p>	

18	27.11.2025	NCC GDC RS PURA CELEBRATED THE 78TH NCC RAISING DAY	NCC GDC RS Pura celebrated the 78th NCC Raising Day with great zeal and enthusiasm. Cadets took the oath, pledge and delivered a talk on the history, objectives and motto of NCC on the eve of NCC Day. The event was organized by the NCC CTO under the guidance of Dr. Preetpal Kaur, the worthy Principal of GDC RS Pura.	 
19	28.11.2025	GOVT. DEGREE COLLEGE, R.S. PURA ORGANIZED TWO DAY AWARENESS WORKSHOP AYURVEDIC WELLNESS THE ART AND SCIENCE OF VIBRANT HEALTH	The NSS, NCC Unit and Women Development Cell of GDC R.S. Pura under the aegis of IQAC jointly organized a Two day Awareness workshop on “Ayurvedic Wellness the art and science of Vibrant Health” under the worthy patronage of Principal Prof. (Dr.) Preetpal Kour. The Resource person for two day workshop were Dr. Amanpreet Kour Medical Officer, I/C Ayush Unit GMC Bakshi Nagar Jammu, Dr. Lotika Bharti (Medical Officer, Ayush Units Govt. Ayurvedic Hospital, Indira Chowk Jammu) accompanied by Dr. Meher. The Welcome address was given by Dr. Rajinder Sharma, convener IQAC. The workshop was attended by more than 100 students enrolled in NSS and both NCC wings. The empowering lecture given by Dr. Amanpreet Kour shed light on foundational principles of Ayurvedic eating customizing diet according to one’s dosha (Vata, Pitta, Kapha), understanding metabolic fire (Agni), and choosing foods that promote vitality, digestion, and long-term health. Attendees were introduced to key Ayurvedic nutrition concepts, including: Seasonal eating (Ritucharya), mindful eating practices, and proper food combinations. Dr. Lotika Bharti discussed about the Elements of	  

Yoga in Eye health aimed at raising awareness about natural, non-invasive methods to support and maintain healthy vision. The workshop brought together students, faculty who explored simple yoga practices that can help reduce eye strain and improve focus. While addressing the gathering, the worthy principal emphasised that Ayurveda” comes from “Ayur” (life) and “Veda” (knowledge), which together mean “the knowledge of life.” It teaches us that health is not merely the absence of disease, but a state of physical, mental, and spiritual equilibrium. At the heart of Ayurveda lies the principle that prevention is better than cure. The workshop was coordinated by Dr. Rajinder Sharma, Convener IQAC, Prof. Radhika Mahajan, Convener WDC, Prof. Lukesha Dubgotra NSS PO, Prof. Sanjeev Upadhyay, CTO NCC, Dr. Kiran Lata, ANO NCC and committee members of NSS unit and Women Development Cell. Prominent faculty members of the college also graced the event with their presence. The event was concluded with formal vote of thanks by Dr. Savleen Kour.



20 29.11.2025

GDC R.S. PURA ORGANIZES SEMINAR TO COMMEMORATE 350TH YEAR OF MARTYRDOM OF SHRI GURU TEGH BAHADUR JI

Punjabi Department of Government Degree College R.S. Pura under the aegis of IQAC organized a special seminar to mark the 350th year of the martyrdom of Shri Guru Tegh Bahadur Ji. The event was organized under the patronage of worthy Principal GDC R. S. Pura Prof. (Dr.) Preetpal Kour which aimed to highlight the life, teachings and supreme sacrifice of the ninth Sikh Guru, who laid down his life to uphold the values of religious freedom, justice and human dignity. Guest Speaker of the seminar S. Harmeet Singh, emphasized Guru Tegh Bahadur Ji's timeless message of courage,



compassion, and universal brotherhood. Students and faculty of various colleges participated enthusiastically, reflecting on the Guru's role as the Hind Di Chadar and his contribution to India's cultural and spiritual heritage. Further an Inter College Poetry recitation competition and Symposium was also organized. In which a no of 8 colleges were participated. In poetry competition Karanveer Singh of GGM Science College, Ankit Kumar of GDC Ramgarh and Aftab Ali of GGM Science College bagged 1st, 2nd and 3rd prize respectively. In Symposium Probjot Kour of GCW Gandhi Nagar, Navjot Singh of GDC Bishnah and Jasleen Kour of GDC R. S. Pura Clinched 1st, 2nd and 3rd prize respectively. The performance of the participants was adjudged by Dr. kamaldeep Singh and Dr Manjeet Singh. The dignitaries who grace the occasion were S. Charandeep Singh(JKAS), Labour Commissioner JK (UT) and S. Gurmeet Singh, SDPO R. S. Pura. The whole event was coordinated by Prof Rajinder Singh, HOD Punjabi under the leadership of Dr. Rajinder Sharma, Convener IQAC.





सरकारी डिग्री कालेज आरएस पुरा में गुरु तेग बहादुर जी को समर्पित कार्यशाला का हुआ आयोजन



आयोजन के अवसर पर
 सरकारी डिग्री कालेज आरएस पुरा में गुरु तेग बहादुर जी को समर्पित कार्यशाला का हुआ आयोजन। इस अवसर पर गुरु तेग बहादुर जी की जीवनी और उनके योगदान को छात्रों को अवगत कराया गया। कार्यक्रम में मुख्य अतिथि के रूप में गुरु तेग बहादुर जी की जीवनी को छात्रों को अवगत कराया गया। कार्यक्रम में मुख्य अतिथि के रूप में गुरु तेग बहादुर जी की जीवनी को छात्रों को अवगत कराया गया।

श्री गुरु तेग बहादुर जी के आदर्शों को अपनाने का दिया संदेश

श्री गुरु तेग बहादुर जी के आदर्शों को अपनाने का दिया संदेश। गुरु तेग बहादुर जी की जीवनी और उनके योगदान को छात्रों को अवगत कराया गया। कार्यक्रम में मुख्य अतिथि के रूप में गुरु तेग बहादुर जी की जीवनी को छात्रों को अवगत कराया गया। कार्यक्रम में मुख्य अतिथि के रूप में गुरु तेग बहादुर जी की जीवनी को छात्रों को अवगत कराया गया।

Sd/-
 PRINCIPAL

No: GDC/RSP/25/1865
 Dated: 01.12.2025